2024 - 2025

USA VOLLEYBALL AGE DEFINITION CHART

by birth month and year

USAV AGE DIVISION GRADE MATCH FALL of 2024 NET HEIGHT	10 & UNDER 4th Grade Class of 2033 Net Height - 7'	11 & UNDER 5th Grade Class of 2032 Net Height - 7'	12 & UNDER 6th Grade Class of 2031 Net Height - 7'	13 & UNDER 7th Grade Class of 2030 Net Height - 7'4 1/8"	14 & UNDER 8th Grade Class of 2029 Net Height - 7'4"	15 & UNDER 9th Grade Class of 2028 (G) Net Height - 7'4 1/4" (B) Net Height - 7' 11 5/8"	16 & UNDER 10th Grade Class of 2027 (G) Net Height - 7'4 1/4" (B) Net Height - 7' 11 5/8"	17 & UNDER 11th Grade Class of 2026 (G) Net Height - 7'4 1/4" (B) Net Height - 7' 11 5/8"	18 & UNDER 12th Grade Class of 2025 (G) Net Height - 7'4 1/4" (B) Net Height - 7' 11 5/8"
JULY	2014	2013	2012	2011	2010	2009	2008	2007	2006
AUG	2014	2013	2012	2011	2010	2009	2008	2007	2006
SEP	2014	2013	2012	2011	2010	2009	2008	2007	2006
OCT	2014	2013	2012	2011	2010	2009	2008	2007	2006
NOV	2014	2013	2012	2011	2010	2009	2008	2007	2006
DEC	2014	2013	2012	2011	2010	2009	2008	2007	2006
JAN	2015	2014	2013	2012	2011	2010	2009	2008	2007
FEB	2015	2014	2013	2012	2011	2010	2009	2008	2007
MAR	2015	2014	2013	2012	2011	2010	2009	2008	2007
APR	2015	2014	2013	2012	2011	2010	2009	2008	2007
MAY	2015	2014	2013	2012	2011	2010	2009	2008	2007
JUN	2015	2014	2013	2012	2011	2010	2009	2008	2007

NOTES

USAV age is, by definition, the age of the athlete on JULY 1ST OF 2025.

Grade is not the primary determinant of USAV age eligibility, however, we include grade and HS grad year in this chart as a point of reference.

Athletes are not allowed to 'play down' [i.e. play an age level lower than indicated above, regardless of grade].

Generally speaking, STING looks to keep athletes in the "peer group" (i.e. grade level) when possible with few exceptions. [i.e. we do not consider a USAV age level 13 who is in 8th grade to be "playing up" if they play 14s]. High school athletes grades 10 or higher considering playing up should contact STING in advance of tryouts as it may be appropriate to meet with our directors.

Playing Up" - with few exceptions STING does not have athletes who 'play up' [i.e. a USAV 13s in 7th grade playing 14s].

CONTACT STING

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