

BEACH VOLLEYBALL | A SPORT RAPIDLY RISING

Outdoor Program Director, Erica Hozeska, takes pride in providing all her training programs with purpose. She sees value in the development and growth of each individual athlete and continues to find ways to grow the sport in the State of Wisconsin.

2024 Milwaukee Sting Coed Sand Stars

Are you ready for some fun in the sand? Then this program is for you!

Sand Stars are for girls and boys entering into 3rd-6th grade in the fall. This program is designed to introduce and focus on the basics of beach volleyball, and improve and build on the fundamentals. With our athletes we want to ensure a positive, safe and fun environment with a goal of having an open mind for learning, growing, and continuing their love for this beautiful sport.

Coed Sand Stars Summer Breakdown

- Two - 4 week sessions to choose from
- 2 - 90 min sessions per week
- Work with our highly trained and highly motivated beach coaches & alumni!
- Tuesdays and Thursdays
- Time | 8:30am-10:00am
- Training program built through our partnership with [Better at Beach](#)
- FriscoMo T-Shirt Included

Choose your session based on your summer availability

First Session Dates

06/11, 06/13, 06/18, 06/20, 06/25, 06/27, 07/09, 07/11

Second Session Dates

07/16, 07/18, 07/23, 07/25, 07/30, 08/01, 08/06, 08/08

Weather Cancellation Make-Up Dates | Week of August 12th-15th

