BEACH VOLLEYBALL | A SPORT RAPIDLY RISING

Outdoor Program Director, Erica Hozeska, takes pride in providing all her training programs with purpose. She sees value in the development and growth of each individual athlete and continues to find ways to grow the sport in the State of Wisconsin.

2024 Milwaukee Sting Beach Club Elite

This high-level training program is intended for those dedicated, driven, and competitive athletes who plan to play in local or national tournaments and want to push themselves to the next level. Utilizing a fast paced, independent, and creative style of play, athletes in this Elite Program are able to train with a specific partner and collaborate with other players. Beach Club Elite is fully committed to a structured & small focused training led by Beach Director Erica Hozeska.

Beach Club Elite is an advanced program that involves in depth training and commitment. Experience on the sand, or advanced skill in indoor volleyball, is recommended.

<u>Beach Club ELITE Summer Breakdown</u>
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☐ 10 week season!
2 - 90 min sessions per week
☐ Sign-up with a specific partner
☐ Led specifically by Beach Club Director Erica Hozeska
☐ Mondays & Wednesdays GIRLS 12s/14s/16s/18s (12 teams available - 3 per age group)
☐ Tuesdays & Thursdays BOYS 12s/14s/16s/18s (12 teams available - 3 per age group)
☐ Training Program Partnership with <u>Better at Beach</u>
Access to your own training portal with <u>Better at Beach</u>
☐ FriscoMo T-Shirt and Jersey Included
2 - Sandlot Hosted Tournament Registrations Included

Beach Club ELITE Schedule

Girls Dates & Times:

06/03 & 06/05 | **3:45pm-5:00pm**

06/10, 06/12, 06/17, 06/19, 06/24, 06/26, 07/08, 07/10, 07/15, 07/17, 07/22, 07/24, 07/29, 07/31, 08/05, 08/07, 08/12, 08/14 | *10:30am-Noon*

Boys Dates & Times:

06/04 & 06/06 | **3:45pm-5:00pm**

06/11, 06/13, 06/18, 06/20, 06/25, 06/27, 07/09, 07/11, 07/16, 07/18, 07/23, 07/25, 07/30, 08/01, 08/06, 08/08, 08/13, 08/15 | *10:30am-Noon*

